



ROTARY NOMADS

Meeting Dot Points



19 November 2014

Apologies

- Many apologies were given tonight as we have a number of people travelling as far and wide as China, England, New Guinea and within Australia.
- A few people in SE Qld have also been affected by a storm which came through this afternoon
- Lorelle's contacts for apologies, make ups and service hours are
 - ✚ Email – lorellestclair@gmail.com or lorellestclair@bigpond.com
 - ✚ Mobile phone / text message – 0418770959
 - ✚ Home phone – (07) 54661539
 - ✚ Facebook – using our secret Nomads site



Guest Speaker - Russ Higginbotham

- Russ spoke about '**Australian Rotary Health' (ARH)** and presented a video on this topic. Russ was previously a District rep for many years.
- Points of interest
 - ✚ Started in Australia in 1981 due to the concern / interest / dedication of Ian Scott - 1 man who wanted to do something for Cot Deaths – soon spread to Club, District and across Australia - Cot Death stats have now dropped by 90%
 - ✚ Research orientated
 - ✚ 7 year programs
 - ✚ Repeat of 7 year program on **Mental Health** – research / awareness and education is needed.
 - ✚ ARH has committed over \$28 million to medical research in Australia
 - ✚ Many fundraising events held eg 'Hat Day' – we need to raise awareness of this issue by talking about mental health and not keeping it 'under our hat'.
 - ✚ Scholarships / PHD research funding / rural scholarships are available – please see website for more information
 - ✚ Website – www.australianrotaryhealth.org.au
- Thanks Russ for an interesting presentation – one we all need to be aware of as Mental Health issues can affect 1:5 people.



Membership

- A big warm Rotary welcome to 'Friends of Rotary', Sue and John Coddington (recently back from Hawaii) from Terrigal in NSW who attended the meeting last night. Hope to see you online again very soon.

Technology

- Geoff explained that he has updated the front page of our website with an area for Sponsors.
- If members know of any companies who may be interested in sponsoring Rotary Nomads they would pay a fee to have their hyperlinked logo in this space
- Please let Greg or Geoff know of any potential sponsors.

Members Update

- Geoff and Lorelle - have been up at Maroochydore for 5 days – met up with Nomad Lauren Rienstra and her husband George over coffee and brekkie.
- John Clements - Relay for Life overnight event recently - also just bought a Mitsubishi Triton – getting ready to tow the van
- Robin and Annette – still at Yeppoon – visited Byfield National park – working at the Pony Club field.
- Greg and Meg – will be heading up to spend time with Robin and Annette soon – currently at Russ and Peta’s place working on building a new laundry – Meg is in Melbourne and has received some excellent medical reports from her doctor.
- Peta and Russ – Greg at their place and working on the renovations
- Wayne – unable to be heard ...sorry Wayne



General Business

- **'Go to Meeting'**
 - ✚ Rotary nomads now have purchased their own version of “Go to Meeting” – this means the link which was sent out for tonight’s meeting should be the one we will use from now on.
 - ✚ It will continue to be sent out each week prior to the meeting.
 - ✚ John Clements will continue to be the Organiser – thanks John...you are doing a great job.
- **Jindalee’s Board Meeting**
 - ✚ Greg attended on behalf of the Nomads
- **Club Charter**
 - ✚ This will be Monday 9 March 2015 at Broken Hill
 - ✚ Lunch time event
 - ✚ District 9630 DG Phillip Charles will attend the event – he will arrive on Sunday and leave after the Charter so he can get back to Toowoomba for his District Conference
 - ✚ Penrose Park caravan park – still working with them to confirm powered sites, etc.
- **Rotary fees**
 - ✚ Treasurer Peta will be sending out invoices for half yearly fees
 - ✚ Just a reminder that you can access the bank account detail on the member’s page of the website.



EFFECTIVE 05/11/14

MEETING START TIMES WITH DAYLIGHT SAVINGS

- NSW, VIC, TAS – 8pm
 - SA – 7:30pm
 - QLD – 7pm
 - NT – 6:30pm
 - WA – 5pm

DON'T FORGET:

- *Your favourite recipes*
- *Great campsites (you don't want to keep secret)*